

Uniform & Class Attire Table

ADC's uniform colours are pink, black, and white (boys may wear purple). The studio uniform and most of the required shoes can be purchased from the studio during reception hours, and online via our Merchandise Shop. (See link below)

ADC Merchandise Shop

We have uniforms specially designed for ADC by various suppliers; they are compulsory for ALL students. Please DO NOT buy outside dance attire before having the compulsory Ambiance Uniforms for enrolled classes and Team events. Ambiance Dance attire makes all students feel part of the team and shows the unity of our studio. Pride in one's presentation appearance are paramount to an individual's development.

Correct attire, including shoes, for each class and genre has been outlined in the table below

Class	What to Wear	Shoes	Hair
Baby Bop / Tiny Tots Classes	Cupid Frill Dress Zarly Cross Over (during colder months)	Tan or ballet pink pumps Tan or black tap shoes	
General Jazz and Tap Class (6yrs and Under - Seniors)	 Cupid Frill dress Willow set Parker Crop Top Alpha Crop Top Claire Duo Shorts Racer Panel Shorts Laura tights (full-length leggings) Parker Leotard ADC Shortards (All varieties) new in 2025 	Tan or black elasticated jazz shoes Tan or black tap shoes	
Acrobatics	 Parker Crop Top Alpha Crop Top Claire Duo Shorts Racer Panel Shorts Laura tights (full-length leggings) Parker Leotard ADC Shortards (All varieties) new in 2025 	Tan or black elasticated jazz shoes Tan or black tap shoes	Tied back off your face
Lyrical	Cupid Frill dressRacer Panel ShortsLaura tights (full-length leggings)Parker Leotard	No shoes required	
Musical Theatre Drama	Dance appropriate clothingNo skirts, jeans or denim	Soft sneakers or jazz shoes	
Нір Нор	Dance appropriate clothingADC baseball shirtsNo skirts, jeans or denim	Soft sneakers	
Performance Team Classes	 Any ADC unform item that is tight fitting ALL Performance Team members must have an ADC Jacket to wear to competitions 	Footwear that is appropriate to genre	
Boys	 ADC T-shirt with ADC boy's shorts OR Black singlet/T-shirt with black shorts 	Black Jazz shoes / Black Tap shoes / Soft sneaker (Dependent on genre)	

NOTE regarding shoes: All Students should bring their shoes in a labelled zip-up dance bag. Students must wear shoes in all classes unless specified by the teacher. The colour of the shoes below is a guide only and not always the colour needed for the showcase or performance teams.



Exam Attire Table

The table below depicts the attire that students will need to wear in their exams and exam classes. It is important that students wear this uniform during their exam class time to get used to how their body moves in each piece of clothing. ADC Laura Leggings are required for all Tap and MJ exams from Grades 1-9 in addition to all levels within JW Contemporary

ADC exam uniform and required shoes can be purchased from the studio during reception hours, and online via our ADC Merchandise Shop.

Genre	Grade	What to Wear	Shoes	Hair	
Ballet	Pre-Ballet & Primary	Ambiance Cupid Frill Dress Ballet Pink Tights	Ballet Pink Pumps (no ribbons, single piece of elastic only)	Tied into a neat bun at the crown	
	Grade 1-3	Parker Ambiance Leotard Ballet Pink Pumps (no ribbons, single piece of elastic only)		/ back middle of the head. Ballet Pink ribbon tied around	
	Grade 4-6	- -	Ballet Pink Pumps (ribbons required)	bun (only required for exams)	
	Major Grades	CSTD Major Leotard	Demi-Pointe Shoes with Ribbons	Tied into a neat bun at the crown / back middle of the head.	
		Ballet Pink Tights	Pointe Shoes with Ribbons and Elastic (Shoes need to be painted with Calamine lotion prior to exam) Red ribbon tied around bun (only required for exams)		
Тар	Foundation 1&2	Ambiance Cupid Frill Dress Tan Tights	Tan Tap Shoes	_	
	Grade 1-5	Ambiance Parker Leotard			
		Ambiance Laura Leggings	Black tap shoes	Tied into a neat bun at the crown / back middle of the head.	
		Tan tights can be worn underneath (optional)	Black crew socks	Black ribbon tied around bun	
	Grade 6-9	CSTD Major Leotard		(only required for exams)	
		Ambiance Laura Leggings	Black tap shoes		
		Tan tights can be worn underneath (optional)	Black crew socks		
Modern Jazz	Pre Jnr & Junior	Ambiance Parker Leotard			
		Ambiance Laura Leggings			
	Grade 1-5	Tan tights can be worn underneath (optional)	Black Elasticated Jazz Shoes	Tied into a neat bun at the crowr / back middle of the head.	
	Grade 6-9	CSTD Major Leotard	Black crew sock	Hot Pink ribbon tied around bun	
		Ambiance Laura Leggings		(only required for exams)	
		Tan tights can be worn underneath (optional)			
Contemporary	Foundation + Lvl 1	Ambiance Parker Leotard			
		Ambiance Laura Leggings or Racer Panel Shorts	- No choco	Tied into a neat bun at the crown / back middle of the head.	
	Level 2-5	Ambiance Parker Leotard	- No shoes		
		Ambiance Laura Leggings or Racer Panel Shorts			